

THEORY

RESTAURANT & LOUNGE

Join the Excitement, thanks for dining with us!

APPETIZER

THEORY WINGS \$12

MAPLE BBQ, LEMON PEPPER, JERK, HOT, MILD,
& THEORY SPICY ASIAN SWEET CHILI
1 OPC---DRESSING: RANCH OR BLUE CHEESE

GRILLED JAMAICAN JERK SHRIMP \$8

GRILLED SHRIMP W/JAMAICAN JERK SEASONING, MANGO & BLACK BEAN SALSA

THEORY BUFFALO CHICKEN ROLLS \$9

GRILLED CHICKEN, BUFFALO SAUCE, CHEDDAR CHEESE, HAND ROLLED DEEP FRIED ROLL, SERVED
W/ RANCH OR ZESTY BLEU CHEESE

THEORY TACOS \$8

CHOICE OF CHICKEN, FISH (GRILLED OR FRIED), OR SHRIMP

FRIED MUSHROOM \$8

FRIED MUSHROOMS IN OUR SPECIAL BLENDED BATTER, FRIED TO A GOLDEN BROWN SERVED W/ OUR
SPECIAL DIPPING SAUCE

FRIED CALAMARI \$8

CRISPY GOLDEN CALAMARI SERVED W/ ROASTED GARLIC AIOLI & MARINARA SAUCE

SALADS

MIX GREEN SALAD \$7

CUCUMBERS, RED PEPPERS, TOMATOES, SLICED RED ONIONS TOSSED IN WHITE BALSAMIC
VINAIGRETTE

STRAWBERRY GREEK SALAD \$9

STRAWBERRIES, SLICED RED ONION, FETA CHEESE, GLAZED WALNUT, WHITE BALSAMIC VINAIGRETTE
ADD TO ANY SALAD CHICKEN—\$5 SALMON, SHRIMP—\$7

THEORY SPICY CHICKEN CRISP \$9

GRILLED CHICKEN, BUFFALO SAUCE, MIX GREENS, DICE TOMATOES, FETA CHEESE, WITH WHITE
VINAIGRETTE SERVED ON A FRIED TORTILLA

SEAFOOD

THEORY GRILLED/BLACKEN SALMON 7oz \$18

GRILLED OR BLACKEN SALMON, GARLIC MASH, SAUTÉED SPINACH, CREAM BUTTER SAUCE

GRILLED HAWAIIAN SALMON 7oz \$18

GRILLED SALMON, PINEAPPLE TERIYAKI BLEND SAUCE, BROCCOLI, SERVED OVER A VEGETABLE RICE
MEDLEY

SHRIMP & GRITS \$18

GRILLED SHRIMPS, BEEF ANDOUILLE SAUSAGE, SAUTÉED RED PEPPERS AND SPINACH, SERVED IN A
RED WINE SAUCE ON TOP OF A BED OF STONE GROUND GRITS MIXED WITH SMOKED GOUDA CHEESE

TILAPIA AND SHRIMP \$15

GRILLED FRESH TILAPIA TOPPED WITH GRILLED SHRIMP, SAUTÉED ONIONS, PEPPERS AND
MUSHROOMS AND A SWEET BROWN TERIYAKI SAUCE SERVED OVER JASMINE RICE

BIG BANG SHRIMP \$14

SUCCULENT SHRIMPS LIGHTLY BREADED AND FRIED TO A GOLDEN CRISP, TOSSED IN OUR SPECIAL
THEORY SAUCE SERVED, WITH HAWAIIAN COLESLAW & FRIES

PASTA

JAMBALAYA PASTA \$16

GRILLED SHRIMP, GRILLED CHICKEN, SMOKED BEEF SAUSAGE, ONIONS, PEPPERS AND MUSHROOMS IN A SPICY CREOLE TOMATO SAUCE TOSSED WITH RED WINE AND PENNE PASTA TOP W/FRESH PARMESAN CHEESE

BLACKEN CAJUN SHRIMP PASTA \$16

BLACKEN SHRIMP, SMOKED BEEF SAUSAGE, PEPPERS AND MUSHROOMS IN A CREAMY ALFREDO SAUCE, SERVED W/ PENNE PASTA TOP W/FRESH PARMESAN CHEESE

CHICKEN ALFREDO \$13

GRILLED CHICKEN, MUSHROOM, SPINACH, PARMESAN CREAM SAUCE

BURGER / SANDWICHES

THEORY BURGER / 9OZ ANGUS BEEF ** \$10

FRESH MIX GREENS, SLICED TOMATO, WHITE CHEDDAR CHEESE, & ROASTED PEPPER AIOLI SAUCE, GOURMET BUN

BLACK & BLUE BURGER / 9OZ ANGUS BEEF ** \$12

FRESH MIX GREENS, SLICED TOMATO, SAUTÉED RED ONION, CRUMBLLED BLUE CHEESE, SERVED ON A TOASTED GOURMET BUN

TURKEY MUSHROOM AND ONION BURGER ** \$10

FRESH MIX GREENS, TOMATO, WHITE CHEDDAR CHEESE, ROASTED PEPPER AIOLI SAUCE &, SAUTÉ MUSHROOMS AND ONIONS ON A TOASTED GOURMET BUN

BLACKENED/GRILLED SALMON SANDWICH \$11

GRILLED OR BLACKEN SALMON, MIX GREENS, TOMATO, CAPER MAYO, ON A TOASTED GOURMET BUN

GRILLED CHICKEN SANDWICH \$10

MIX GREENS, TOMATO, PEPPER JACK CHEESE, AND THEORY FRESH BASIL MAYO, ON A TOASTED GOURMET BUN

***ALL SANDWICHES/BURGER ARE SERVED WITH FRENCH FRIES**

ENTREES

SOUTHERN FRIED CHICKEN BREAST \$16

HAND BATTERED FRIED CHICKEN BREAST, SERVED W/ BRAISED COLLARD GREENS, STONE GROUND GRITS, SAGE GRAVY

THEORY RIB EYE 12OZ ** \$25

12OZ TOP USDA CHOICE RIB EYE SEASONED WITH OUR SPECIAL HERBS AND SPICES COOKED TO TEMPERATURE OF YOUR CHOICE, SERVED W/ CHOICE OF TWO (2) SIDES

SIRLOIN 10OZ ** \$18

10OZ TOP USDA CHOICE SIRLOIN SEASONED WITH A SECRET BLEND OF SPICES, SERVED W/ OUR COGNAC PEPPERCORN SAUCE AND CHOICE OF TWO (2) SIDES

SIDES

SAUTÉED SPINACH \$5

BRAISED COLLARD GREENS \$5

FRESH STEAMED BROCCOLI \$5

MAC & CHEESE \$5

JASMINE STEAMED RICE \$5

SWEET CORN ON THE COB \$4

FRENCH FRIES \$3

FRIED ONION STRAWS \$4

HAWAIIAN COLESLAW \$4

GARLIC MASH POTATOES \$5

STONE GROUND GRITS \$5

DESSERT

APPLE PIE TOP W/VANILLA ICE CREAM \$6

CHOCOLATE FUDGE CAKE W/VANILLA ICE CREAM \$6

****MAY BE COOKED TO ORDER, CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.**

NOTE: 18% Gratuity will be added to all checks for parties of (5) five or more people.

